

SACRAMENTO AREA CAREER WOMENS NETWORK, INC.

VOL. 6, NO. 4

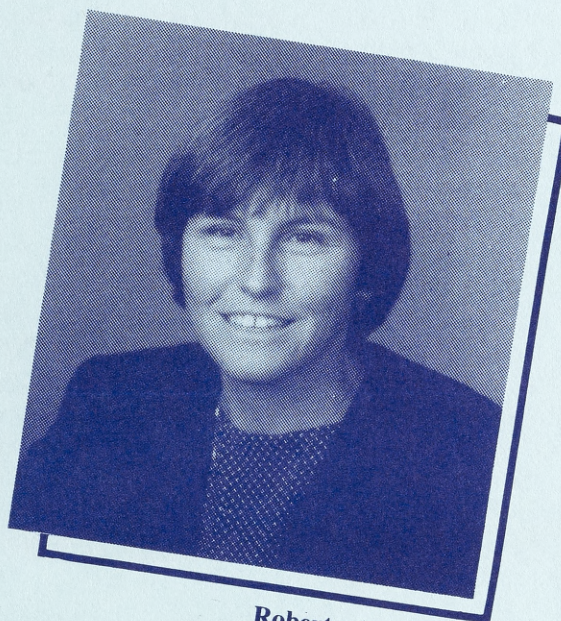
APRIL, 1990

SACWN Presents Roberta Achtenberg on "Politics, Love, and Money"

SACWN is very proud to introduce to our members and friends a lesbian of true power and personal distinction in the community. A leading candidate in San Francisco for the Board of Supervisors, Roberta is also Executive Director of the National Center for Lesbian Rights.

Roberta believes that personal and political issues cannot be separated. She will share with us the impact coming out has had on her relationship with her partner and family.

Coming out is a common concern that we all have. How do we decide when and with whom to share our homosexuality? Please join us to find out more about Roberta and how she incorporates politics into the life she shares with her family, her lover, and their four-and-one-half year old son.



Roberta Achtenberg

APRIL 20 (Friday)

**Holiday Inn Northeast - 5321 Date Ave.
(Madison Ave. & I-80)**

Time: 6:30 p.m. REGISTRATION
7-8:00 p.m. SOCIAL HOUR
8-9:30 PROGRAM SPEAKER

Costs: \$12.00 PRE-PAID MEMBER
\$15.00 NON-MEMBER and AT THE DOOR
\$7.00 LIMITED INCOME
\$6.00 SENIORS AND STUDENTS

Light Hors D'oeuvres will be served

Call 486-8985 for ticket information

An event for women 21 years or older

Joanna Cassese, Programs Coordinator

Remy Ceci, Programs Associate

Help Needed!

Out Of The Frying Pan And Into Print!

Were you caught passing notes in class? Busted for spraying graffiti in public places? Grounded for initialing your heart's desire in the neighbor's newly concreted driveway? Expelled from high school English class for writing a book report on *Sappho Was A Right-On Woman*? Don't despair, and don't let your talent go unnoticed and unrewarded. The SACWN Newsletter is looking for writers, reviewers, columnists, and graphic artists just like you. We meet the second Tuesday of each month at 6:00 p.m., so sharpen your wit and your pencil and become a regular contributor to the literary and journalistic cause.

Call Amanda at 441-4752 for details.

Marketing/Advertising Coordinator Needed

IMMEDIATE POSITIONS AVAILABLE FOR MARKETING/ADVERTISING COORDINATOR AND ASSOCIATE. This is your opportunity to create ads, develop marketing ideas, work closely with the SACWN Newsletter and the local gay and lesbian newspapers, and network with Bay Area lesbian organizations.

Please contact Rosanna at 451-1682 or Linda at 482-6118 for details.

THE SPECIAL EVENTS COMMITTEE

Needs Your Help in planning and working to bring about more fantastic dances and picnics for our community! Please contact Jane Randall at 973-8583. Get involved and have fun doing it!

Keeping Safe As Hate Crimes Increase

In 1989, reported cases of Lesbian/Gay bashing increased by 67%. Hate crimes nationwide increased by 103%. While bashing is more likely to be viewed as a crime against gay men, in fact, lesbians are increasingly victims of hate crimes as well. But, because statistics on reported hate crimes are not kept by many law enforcement agencies, such as the Sacramento City Police, these kinds of attacks are likely to be listed as muggings, rapes, or simple assault.

How does all of this relate to SACWN and its members? Fortunately, we have never had any violence/bashing incidents at SACWN events. I think we should do everything we can to keep it that way. That means we all need to be aware of our surroundings at all times. Follow the basic security precautions you've learned before from rape prevention classes, self-defense, or advice given to you at your work-site. These include:

1. Always lock your car.
2. As you walk up to your car, look underneath it to be sure no one is there. Before getting back into your car, check the back floor to make sure no one is hiding there.
3. Be aware and watchful of your surroundings as you are walking to and from your car.
4. Walk and/or park your car in well-lighted areas.
5. Stay in groups of two or more. Let's watch out for each other. If you've come to an event alone, make arrangements for someone to meet you where you park and walk with you back to your car after it's over. Let's watch out for each other.
6. When you arrive at the event, make a point to notice where phones and exits are located.
7. Have fun, but don't allow yourself to become intoxicated. Be able to respond to any situation at any time.

SACWN events are enjoyed by 538 members — the single largest lesbian organization in Sacramento. We are part of a larger community of Lesbian/Gay people where some of us have become victims of hate. We need to take care of each other and ourselves so we can continue to enjoy these occasions together.

For more information on Lesbian/Gay bashing and what you can do about it, contact the Lesbian Politics Special Interest Group at 395-0428, the Lambda Community Center at 442-0185, or the Human Rights and Fair Housing Commission at 444-6903.

Overcome the Past — Embrace the Future

Groups Now Forming: Single Women — Couples

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Pat Spake M.F.C.C.

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Networking Committee

March brought us in like lions as we gathered for the Networking Program at the Clarion. We learned something about women in history and about our members' own personal history while hobnobbing, hubnubbing and hulla-ballooing! Thank you to all participants for a grand time. A special thank you to the members of the Networking Committee for committing your time, energy and ideas to develop and run a smooth, entertaining program. It wouldn't have happened without you: Barbara Brass, Nancy Reitz, Carolyn Rowland, Pat Thompson. Thank you also to the many businesses who donated great prizes for our raffle, including a massage from Meda Rebecca Massage, a carpet cleaning from Quick Carpet Cleaning by Carolyn Rowland, a tax preparation appointment from Whitney and Killick, and lunches and dinners from City Picnics, the Attic, and Incredible Edible.

April begins our recruitment period for the 1990-91 edition of the SACWN directory. We'll be asking for your input from now until August 1 as we update the personal and business listings to bring you a new directory, targeting an October publication date. Please sign up for inclusion in the directory at the HUB at monthly programs, or call the SACWN # (486-8985) to request that a directory form be sent to you.

Now available at the HUB are some newsletters from other women's groups around the local area, state, and country. We receive information from Cameron Park, the Auburn-Grass Valley-Foothill area, Redding-Northern California area, Southern California, Seattle, and Arizona. So stop by to find out what's happening with our sisters elsewhere!

Susan Goodrich
Networking Coordinator

STEERING COMMITTEE

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Networking Committee Coordinator
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Corporate Coordinator's Report

Some difficult decisions were made regarding the budget at the March meeting. While there was a slight profit from the February dance, it didn't make up for losses at past events. Such losses undermine our three year goals of having a full-time staff person and office by 1992. So, all committees got the word that a real belt tightening is required until we get a handle on next year's budget. Our goal is to examine ways in which the budget can be trimmed, without affecting the quality of services.

Good news! The Steering Committee has re-activated the position of Special Projects Coordinator in order to complete the work on last fall's survey. Kate Moran, who has professional experience in working with surveys will fill the position. Her first task will be to collate the overwhelming amount of survey information and present it to the Steering Committee as a tool for guidance in decision making. We all look forward to working with Kate when she comes on board in June.

Rosy Metrailer
Corporate Coordinator

SACWN is grieved to announce the passing of our sister, Libby Justice, who died suddenly on March 12, 1990. Libby was a wonderful calligrapher and energetic member of our community. She will be missed.

If you wish to contribute to her partner, Anita, please make your check out to SACWN, identifying who the check is for, and all donations will be sent to Anita.

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"Thank You"

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Lambda Letters Backs Women's Issues

The Lambda Letters Project, founded in September 1988 by local activist Boyce Hinman, is seeking more women to help review and summarize issues and write letters to influence elected officials regarding women's issues, lesbian and gay rights, and AIDS related issues. Half of the Project's participants currently are women.

Lambda Letters was an outgrowth of the March on Washington, Hinman recalled. "The first of the (Jesse) Helms Initiatives banned funding for safe sex materials" to emphasize that being gay or engaging in gay practices was unacceptable. It became apparent that "we needed more than demonstrations — we needed ways for massive numbers of people to speak to the legislators on the Federal and State levels," he added.

"Our impact continues to expand," he said. "In fact, we collected 440 letters in January and February, compared with about half that many last year for these months." Lambda has 180 pledged writers.

The Lambda letter writing campaign in January focused on asking the Public Broadcasting Service to broadcast "Out In Suburbia" and showing support for increased funding for the State Office of Family Planning.

Lambda Letters needs two people with good analytical and communications skills to devote about five hours a month to checking out legislation in one of the focus areas, recommending content for the month's letter, then composing a tip sheet and letter for participants to write and/or sign.

Also needed are more women willing to receive one to three letters each month to sign and return in a self-addressed, stamped envelope.

SACWNites involved in the Lambda Letters Project include Administrative Assistant Linda Killick who serves as the Project's treasurer.

Women interested in more information may contact Hinman at 323-5927 (daytime) or 965-6851 (evenings or weekends).

Any articles for next month's Newsletter must be typed (preferably double-spaced) and received at 2033 36th Street, Sacramento, 95817, no later than the 2nd Tuesday of each month.

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MFCC Intern
IMF15850

Laurie

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Newsletter Business Directory

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AD RATES . . .

Full Page (7 $\frac{3}{4}$ " x 10 $\frac{1}{4}$ ") - Member \$120⁰⁰, Non-member \$180⁰⁰
Half Page (7 $\frac{3}{4}$ " x 5") - Member \$60⁰⁰, Non-member \$90⁰⁰
Quarter Page (3 $\frac{1}{2}$ " x 4 $\frac{3}{4}$ ") - Member \$30⁰⁰, Non-member \$45⁰⁰
2 Column inch (3 $\frac{1}{2}$ " x 2" - Business (Card) - Member \$15⁰⁰,
Non-member \$22.50
2 Column inch (3 $\frac{1}{2}$ " x 3") - Member \$22.50, Non-member \$33.75
Classified Section - Member \$.20 per word, Non-member \$.30 per
word.

NO ADS WILL BE TAKEN OVER THE PHONE OR AT SACWN
EVENTS. PAY IN FULL IN ADVANCE AND SAVE 10% for 3
insertions or longer — SAVE 15% with 12 insertions.

All art and payment is **due on the 2nd Tuesday of the month** for next
month's issue. Send to SACWN, Inc., P.O. Box 661332, Sacramento,
CA 95866.

SPECIAL INTEREST GROUPS

BRIDGE



The bridge brigade is booming and bidding. We had lessons for beginners and intermediates in March and we plan to continue lessons in April. The April bridge dates are Friday, April 13th at Aeriell's and Friday, April 27th at Kathy's. Games begin at 7:00. Our last marathon was a great success so we are repeating the event on Saturday, May 12th at Joan and Marsha's. If you are interested in joining us, or if you have any questions, call Joyce at 1-676-4317.

GOLF



Call Melody for details of the season's activities starting April 26th. 392-3609.

SINGLES ONLY



It's Spring . . . a time when many women's fancy turns to thoughts of love. Are you single and still looking? The singles group is a good place to look. Join us for games night, Friday, April 20th, at 7:30 at Mary's in Davis. Need more information? Call Cheryl at 452-1687.

ACA/DYSFUNCTIONAL FAMILIES

Denial is the answer to the seven question riddle in the March newsletter. However, exercising denial is the answer to understanding one's origins of dysfunction. Although denial has protected us from childhood traumas and pain, it is now time to stop deluding ourselves in the riddle of denial. The meetings are April 5th and 19th. Call Sharon, 454-6056.

OUTDOOR RECREATION



Outdoor Rec'ers first annual spring tennis tournament will be April 14th. Sign up now so we can get you seeded. Call Ellen by April 5th so we can determine how many players we will have and set up the information and you can also get details on the location. 441-7962.

SELF-EMPLOYED WOMEN



Call Aeriell, 452-5503.

METAPHYSICAL/SPIRITUALITY



By the time you are reading this, the metaphysical group will have had another planning meeting to decide what we're going to be doing in the upcoming months. For information, please call Karen at 452-3091.

LESBIAN MOTHERS AND KIDS



We'd like your input. People who are interested in reactivating the group should call for a survey. Madlyn, 487-2726.

BOOK GROUP



The book group meets this month on Sunday, April 22nd, at 3:00 p.m. We have room for new members. Please think about joining us. For more information, call Gretchen, 922-6287.

Continued on next page

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S.I.G.S., Continued from previous page**LATE BLOOMING LESBIANS**

Come to McKinley Park on April 21st at 12:00 p.m. and play football. We'll bring the football, you bring your friends and a picnic lunch. We need players, cheerleaders, and benchwarmers. Don't forget the Ben-Gay and Ace bandages. Our support group meetings for the month of April will be on the 6th and 18th. Contact person is Debbie, 988-0719.

RELATIONSHIP ADDICTION

Could you have an addiction? If it's not cigarettes, booze or drugs, could you be addicted to relationships? No one wants to think they have an addiction. Have you felt strongly that you *need* to have someone in your life or you feel incomplete? Or are you in an unhealthy relationship and just cannot end it? We may be what you need right now. We offer a support group that also does a 12 step study on relationship addiction. Contact person is Judie, 973-1174.

CULTURE CLUB

So the opera is not for you. OK! So the symphony puts you to sleep and the dust in those stuffy old museums makes you sneeze. Is a trip to San Francisco to your liking? How about a gourmet picnic to a Victorian carousel where you can recapture the little kid that still lives inside you? And of course we always have to stop at Chocolate Ripple for dessert and coffee. Join us in the Culture Club. Fun, food and camaraderie. That's what we're all about. Ann, 383-9257.

Do you feel like you're married, but legally you're not?
If one of you is disabled, dies, or leaves, do you know what your rights are?
Protect yourself, your partner, and your relationship.

Contact
Carolyn
Langenkamp

of

Metraller, Langenkamp & Kirk
Attorneys

(916) 447-7255
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Sacramento, CA 95814

RECREATIONAL VEHICLES

To date, there has been little interest in forming an RV traveling group. As summer approaches, anyone interested can call the facilitator, Jayne at 921-6642.

LESBIAN POLITICS

The group is just getting off the ground now. Please join us and help this baby fly! We'll be discussing political issues of interest to the lesbian/gay community and deciding where and how much we want to be involved as a group and as individuals. No experience required. All you need is an interest in your community. The next meeting is scheduled for April 2nd. Call Mary at 395-0248 for more information.

**** NEW GROUP ****

TOP TEN

The recent SACWN survey indicated that 10% of SACWN's membership is over 50. I would like to meet with these women to discuss and to find support for the challenges of facing this phase of life. If this sounds interesting to you, come and get acquainted. Let us see if there are enough of us to form a special interest group. The first meeting will be on Sunday, April 8 at 3:00 p.m. Call for directions. Ariel, 483-9794.

This month's SIGGY goes to Ann, of the Culture Club! Last month's SIGGY was a nice ball point pen. Keep up the good work, SACWN members! Special Interest Groups are growing by leaps and bounds! Call Ellie, 967-0611 if you have ideas for new ones.

Ellie Zacks, SIG Coordinator
Kathy Mullen, Associate

KAREN KWONG, C.M.T.
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ROBERTA ACHTENBERG

"Politics, Love, and Money"

Please make my reservations for the Program

April 20, 1990

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Cost:

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Membership #

If ordering tickets
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TOTALS _____

Make checks payable to SACWN, Inc.

Send reservations, check or money order and a **self-addressed stamped envelope ASAP** to:

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* LIMITED INCOME - SACWN, Inc. considers a person living on a limited income to be anyone who is having a difficult time paying for basic necessities - food, utilities and rent - and who rarely considers entertainment as part of their budget. SENIORS, STUDENTS, DISABLED - Age 65+ on Limited Income; Students 21+ on Limited Income; Disabled Citizens on Limited Income.

SACWN, INC. — SUBSCRIPTION/RENEWAL BY MAIL

Annual cost is \$24 for a calendar year (or two \$12 installments, the second due in 6 months). Subscription entitles you to receipt of our monthly newsletter and discounts for our various functions (dinners, dances). To avail yourself of these services provided by SACWN, Inc., send a check for the correct amount made payable to SACWN, Inc.

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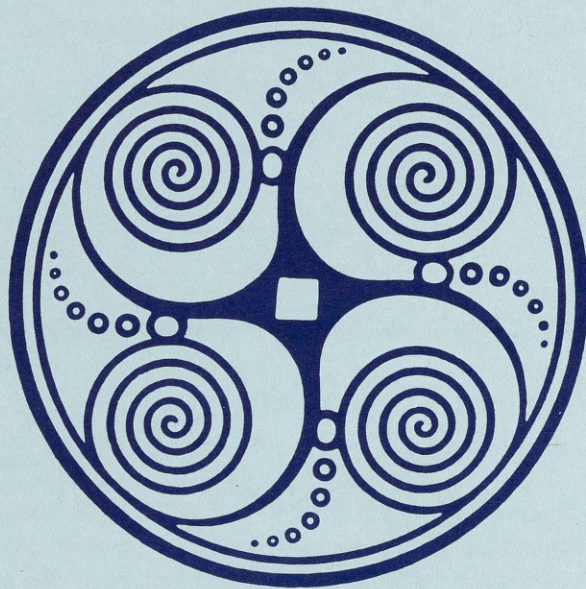
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WAVIER

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